





# Kiddie University

**YOUR NEIGHBORHOOD PRESCHOOL**

Child's Name: \_\_\_\_\_

## Introduction of Foods List

VEGETABLES								
Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date	Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date	Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date
	Carrots			Squash				
	Creamed Corn			Potatoes				
	Creamed Spinach			Sweet Potatoes				
	Green Beans							
	Peas							
FRUITS								
Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date	Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date	Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date
	Apple Sauce			Prunes				
	Bananas			Plums				
	Peaches			Apple Strawberry				
	Pears			Banana Strawberry				
	Bananas w/Apples			Apricots				
	Prunes w/Apples							
MEATS								
Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date	Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date	Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date
	Beef			Lamb				
	Chicken			Ham				
	Turkey			Veal				
MIXED FOODS								
Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date	Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date	Parent Initial <i>(Tried at Home)</i>	FOOD	Staff Initial/Date
	Veg/Ham			Mixed Turkey				
	Veg/Bacon			Chicken Noodle				
	Veg/Turkey			Lasagna				
	Apples/Turkey			Spaghetti				
	Apples/Chicken			Veg/Pasta				
	Pears/Chicken							
CEREALS								
Parent Initial <i>(Tried at Home)</i>	FOOD	DATE	Parent Initial <i>(Tried at Home)</i>	FOOD	DATE	Parent Initial <i>(Tried at Home)</i>	FOOD	DATE
	Rice							
	Oatmeal							
	Mixed							